

## Work at Height Checklist

		YES	NO	N/A
1	Has the job involving working at height been planned and risk assessed?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2	Is there a safe method of access to work at height?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3	Is equipment appropriate, maintained, tested and used as intended?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4	Are there any fragile/unsafe areas where work is being carried out at height?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5	Do barriers or other edge protection prevent falls from open edges of buildings or gangways?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6	Where persons are working within 2m of an unprotected edge is there adequate protection e.g. handrail of at least 1100mm?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7	Are holes/openings securely fenced off or provided with fixed, clearly marked covers?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8	Are all ladders in good condition and of sound construction?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9	Are ladders secured near the top even if in use for a short time?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10	If ladders not secured at the top are they suitably secured near the bottom, weighted or footed?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11	Do ladders rise at least 1.05m above their landing place or highest rung used?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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12 Are ladders positioned to avoid danger from vehicles/overhead cranes/ electricity lines?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13 Are ladder stays/similar devices used to avoid placing ladders against fragile supports e.g. plastic gutters?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14 Are ladders positioned on a firm and level footing?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15 Are ladders regularly inspected and maintained?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16 Do fixed ladders passing through floors have guarded openings?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17 Do fixed ladders of more than 2.5m length have safety hoops at intervals of 900mm?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18 Can the work be done from ground level?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19 Are employees adequately trained and instructed?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20 Is there adequate supervision?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
21 Have employees seen the risk assessments relating to their work?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
22 Are ladders the appropriate equipment for the job or is there another means of accessing safely?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

